

## Your Personal SWOT Analysis

A key part of your leadership development is knowing who you are, your qualities, strengths and challenges. As first step in exploring who you are, please complete the grid below, considering the questions asked. There are no right or wrong answers. This is just your preliminary take on how you see yourself. Bring the completed grid to the first session.

<p><b>Strengths</b></p> <ul style="list-style-type: none"><li>• What skills and behaviors do you perform consistently that contribute to your effectiveness?</li><li>• What value added do I bring to the table?</li><li>• What do I consider my assets?</li></ul>	<p><b>Weaknesses/Challenges</b></p> <ul style="list-style-type: none"><li>• What skills or behaviors need improvement?</li><li>• On what areas have I been told I need to work?</li><li>• What do I wish was better at?</li><li>• What do I find challenging at my job?</li><li>• What behaviors could I improve that would enhance my strengths?</li></ul>
<p><b>Opportunities</b></p> <ul style="list-style-type: none"><li>• What possibilities exist in my career that match my interests?</li><li>• In what areas do others see me as stronger than I see myself?</li><li>• What have I always wanted to do and yet been afraid to try?</li><li>• What doors might I open?</li></ul>	<p><b>Threats</b></p> <ul style="list-style-type: none"><li>• Where are some risks or issues that threaten my job/career?</li><li>• In what areas do I see myself as stronger than others see me?</li><li>• What do I fear?</li></ul>